

Age-related heterogeneity in immune responses to SARS-CoV-2 following BNT162b2 vaccination

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Abstract

Vaccines remain the cornerstone for containing the SARS-CoV-2 pandemic. mRNA vaccines provide protection in clinical trials using a two-dose approach, separated by a three-week gap. Here we assessed real world immune responses following vaccination with mRNA-based vaccine BNT162b2. Following the first and second doses of the BNT162b2 vaccine, we measured IFN γ T cell responses, and both total IgG Spike and IgG Spike RBD and neutralising antibody responses in sera using a Spike pseudotyped lentivirus system. Median age was 82 amongst 23 participants. Three weeks after the first dose a lower proportion of participants over 80 years old achieved threshold neutralisation titre of >1:4 for 50% neutralisation as compared to those under 80 (8/15 versus 8/8 P=0.05). Neutralising antibody response 50% titres were above 1:4 in all individuals following the second dose. A previously validated rapid finger prick antibody test identified positive neutralisation with 73% sensitivity and 100% specificity after the first dose and 100% sensitivity and specificity after the second dose. A significant proportion of individuals over 80 appear to require a second dose of vaccine at three weeks to achieve virus neutralisation. Rapid antibody tests could help to identify suboptimal responders.

Vaccines remain the cornerstone for containing the SARS-CoV-2 pandemic. mRNA vaccines have shown promise in clinical trials and have used a two-dose approach¹, separated by a three week gap. However, duration of protection is not known and clinical trials provide few

data on neutralising responses in individuals above the age of 80. This is pertinent for settings where a dosing interval of twelve weeks is currently being used to maximise first dose administration. Data on vaccine responses are vital in order to understand the efficacy of vaccination using this regime, and in groups under-represented in clinical trials, particularly those aged above 80 years who are at greatest risk of death.

Here we assessed real world immune responses following vaccination with mRNA-based vaccine BNT162b2 under the recommended two-dose, three months apart schedule² in a predominantly elderly population. This schedule was used at the start of the vaccination programme before policy changed and the second dose was delayed. We measured T cell responses to SARS-CoV-2 peptides by IFN γ FLUOROSPOT, in addition to serum IgG Spike/ RBD antibodies and serum neutralising antibody responses following the first and second doses of the BNT162b2 vaccine. We also linked neutralising antibody responses following vaccination to rapid antibody testing.

Median age of 23 participants presenting for second vaccination three weeks after the first dose was 82 years (IQR 64-85), and 30% were female. Age was correlated with SARS-CoV-2 Spike IgG levels but did not correlate with serum neutralisation after the first dose (Figure 1). T cell responses did not correlate with serum neutralisation after the first dose. We observed poor neutralisation activity (<50% neutralisation at serum dilution of 1:4) exclusively in participants over the age of 80 (7/15) as compared to those under 80 (0/8, $p=0.05$ by Fisher's exact test). Participant sera were re-tested three weeks after the second dose. The vaccine sera exhibited a large increase in neutralizing titres against the wild-type pseudoviruses between first and second doses (Figure 2). The seven poor responders now demonstrated neutralisation activity comparable to those who responded to the first dose (Figures 2 and 3).

An approved rapid finger prick antibody test detecting S antibodies was used to test sera from vaccinees at both time points. This test had previously correlated strongly with neutralising antibodies in patients diagnosed with COVID-19³, but has not been used for assessing vaccine responses. The test was able to identify those with positive neutralisation with 73% sensitivity and 100% specificity three weeks after the first dose, and with 100% sensitivity and 100% specificity three weeks after the second dose.

Here we have addressed an important clinical problem in real world rollout of vaccination against SARS-CoV-2 where the second dose may be delayed due to supply limitations. We have shown that a proportion of individuals above the age of 80 have a suboptimal neutralising antibody response three weeks after vaccination with BNT162b2, and that the second dose is associated with robust neutralising responses. In a clinical trial sub-study specifically looking at older adults vaccinated with BNT162b2 the GMT (geometric mean titre) after first dose was 12 in a set of 12 subjects between ages of 65 and 85⁴, rising to 109 seven days after the second dose, though it was not clear whether some individuals had sub optimal levels after the first dose. It is possible that responses are simply slower in some older individuals. However, under such a scenario these individuals over 80 are nonetheless likely to be at prolonged increased risk for infection based on studies in non-human primates linking protection from SARS-CoV-2 challenge with neutralising antibody titres⁵. Of note in animal studies the magnitude of T cell responses did not correlate with protection. Finally, although the second dose was able to confer neutralisation of pseudovirus in the poorly responsive individuals, SARS-CoV-2 infection during an enlarged window period between doses in the presence of partially active antibodies could generate conditions for selecting escape mutations^{6,7}.

Surrogate markers for protective immunity are needed in order to determine when vaccine boosting may be necessary. The interplay between immunity from infection versus vaccines also needs to be addressed, though it appears from our study that point of care antibody tests for Spike IgG may be of use. The arrival of new variants with the potential to compromise vaccines⁸⁻¹¹ may mandate regular re-vaccination with modified vaccine preparations.

Whilst significant public health impact of vaccines is anticipated, a significant proportion of individuals above 80 appear to require the second dose at three weeks to achieve virus neutralisation. It will be important to follow all participants over the following months to measure the kinetics of neutralisation activity as well as data on re-infection. Finally, rapid antibody tests could help to identify suboptimal responders and potentially also identify those that require boosting.

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MATERIALS AND METHODS

Participant recruitment and ethics

Participants who had received the first dose of vaccine and individuals with COVID-19 were consented into the Covid-19 cohort of the NIHR Bioresource. The study was approved by the East of England – Cambridge Central Research Ethics Committee (17/EE/0025).

SARS-CoV-2 serology by multiplex particle-based flow cytometry (Luminex):

Recombinant SARS-CoV-2 N, S and RBD were covalently coupled to distinct carboxylated bead sets (Luminex; Netherlands) to form a 3-plex and analyzed as previously described (Xiong et al. 2020). Specific binding was reported as mean fluorescence intensities (MFI).

Neutralisation assays

Spike pseudotype assays have been shown to have similar characteristics as neutralisation testing using fully infectious wild type SARS-CoV-2¹². Virus neutralisation assays were performed on 293T cell transiently transfected with ACE2 and TMPRSS2 using SARS-CoV-2 Spike pseudotyped virus expressing luciferase³. Pseudotyped virus was incubated with serial dilution of heat inactivated human serum samples or sera from vaccinees in duplicate for 1h at 37°C. Virus and cell only controls were also included. Then, freshly trypsinized 293T ACE2/TMPRSS2 expressing cells were added to each well. Following 48h incubation in a 5%

CO₂ environment at 37°C, luminescence was measured using the Steady-Glo Luciferase assay system (Promega).

IFN γ FLUOROSPOT assays

Frozen PBMCs were rapidly thawed, and the freezing medium was diluted into 10ml of TexMACS media (Miltenyi Biotech), centrifuged and resuspended in 10ml of fresh media with 10U/ml DNase (Benzonase, Merck-Millipore via Sigma-Aldrich), PBMCs were incubated at 37°C for 1h, followed by centrifugation and resuspension in fresh media supplemented with 5% Human AB serum (Sigma Aldrich) before being counted. PBMCs were stained with 2ul of each antibody: anti-CD3-fluorescein isothiocyanate (FITC), clone UCHT1; anti-CD4-phycoerythrin (PE), clone RPA-T4; anti-CD8a-peridinin-chlorophyll protein - cyanine 5.5 (PerCP Cy5.5), clone RPA-8a (all BioLegend, London, UK), LIVE/DEAD Fixable Far Red Dead Cell Stain Kit (Thermo Fisher Scientific). PBMC phenotyping was performed on the BD Accuri C6 flow cytometer. Data were analysed with FlowJo v10 (Becton Dickinson, Wokingham, UK). 1.5 to 2.5 x 10⁵ PBMCs were incubated in pre-coated Fluorospot plates (Human IFN γ FLUOROSPOT (Mabtech AB, Nacka Strand, Sweden)) in triplicate with peptide mixes specific for Spike, Nucleocapsid and Membrane proteins of SARS-CoV-2 (final peptide concentration 1 μ g/ml/peptide, Miltenyi Biotech) and an unstimulated and positive control mix (containing anti-CD3 (Mabtech AB), Staphylococcus Enterotoxin B (SEB), Phytohaemagglutinin (PHA) (all Sigma Aldrich)) at 37°C in a humidified CO₂ atmosphere for 48 hours. The cells and medium were decanted from the plate and the assay developed following the manufacturer's instructions. Developed plates were read using an AID iSpot reader (Oxford Biosystems, Oxford, UK) and counted using AID EliSpot v7 software (Autoimmun Diagnostika GmbH, Strasberg, Germany). All data were then corrected for background cytokine production and expressed as SFU/Million PBMC or CD3 T cells.

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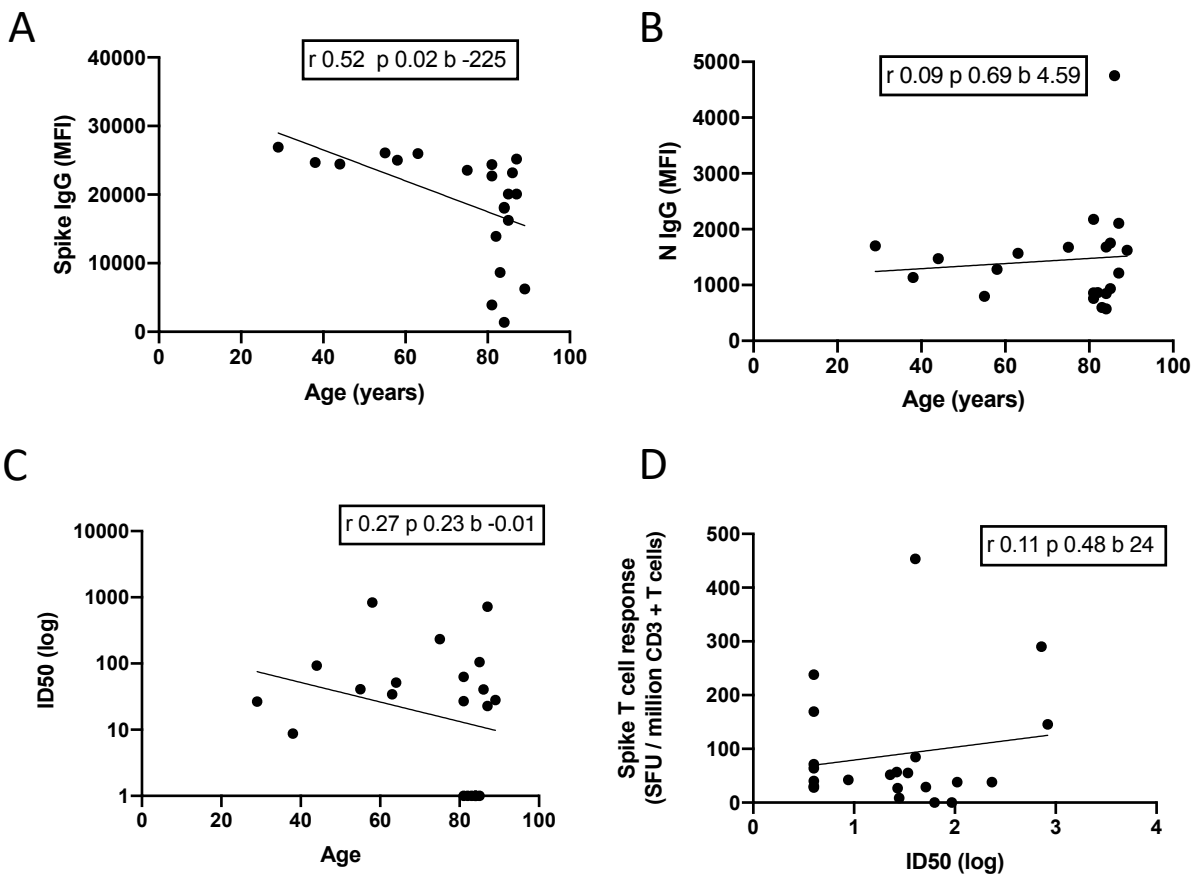
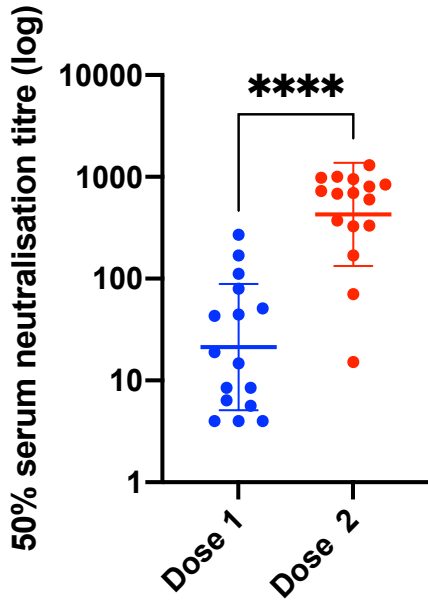


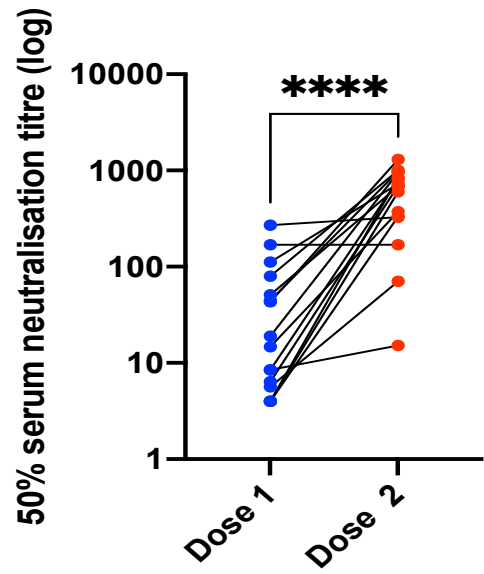
Figure 1: Immune responses three weeks after the first dose of Pfizer BNT162b2 vaccine.

Correlation between participant age and serum IgG anti-Spike (A) and anti-Nucleocapsid (B) responses as measured by particle based flow cytometry. C. Correlation between serum neutralisation of Spike (D614G) pseudotyped lentiviral particles (inhibitory dilution at which 50% inhibition of infection is achieved, ID50) and D. correlation between Age and T cell responses against SARS-CoV-2 by IFN gamma FLUOROSPOT. SFU: spot forming units. r: correlation coefficient with p value indicated and b the slope or coefficient.

A



B



C

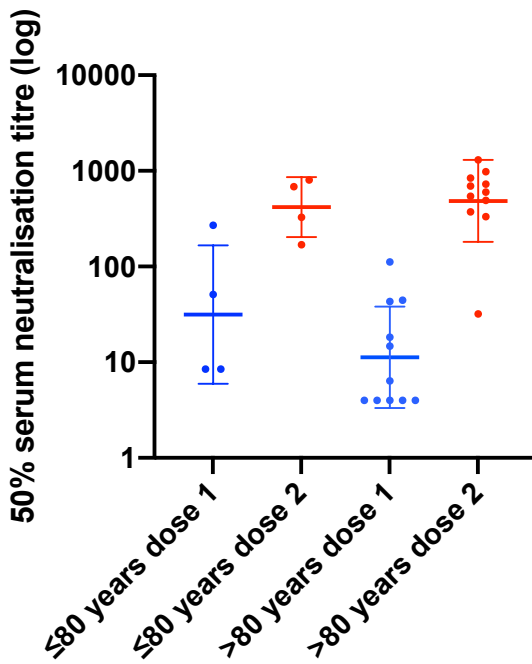


Figure 2: A-C. Neutralisation by Pfizer BNT162b2 vaccine sera against SARS-CoV-2 in a Spike lentiviral pseudotyping assay. Data are shown as mean ID50 values for individuals three weeks after Dose 1 and three weeks after Dose 2. Geometric mean with standard error is shown. D. Neutralisation curves for serum from six individuals with reduced responses after first dose against pseudovirus expressing wild type Spike (D614G). Means of technical replicates are plotted with error bars representing standard error of mean. Data are representative of 2 independent experiments.

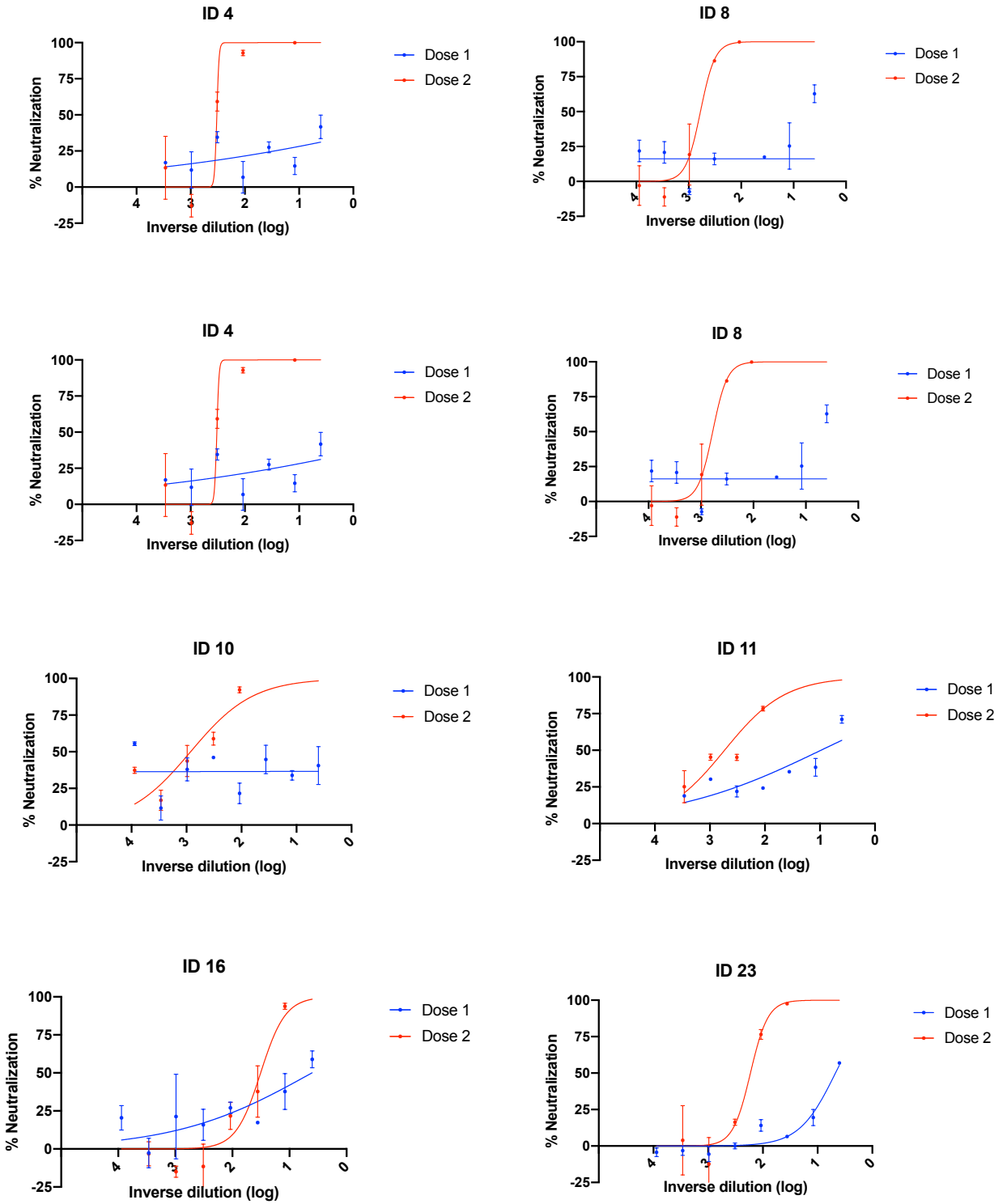
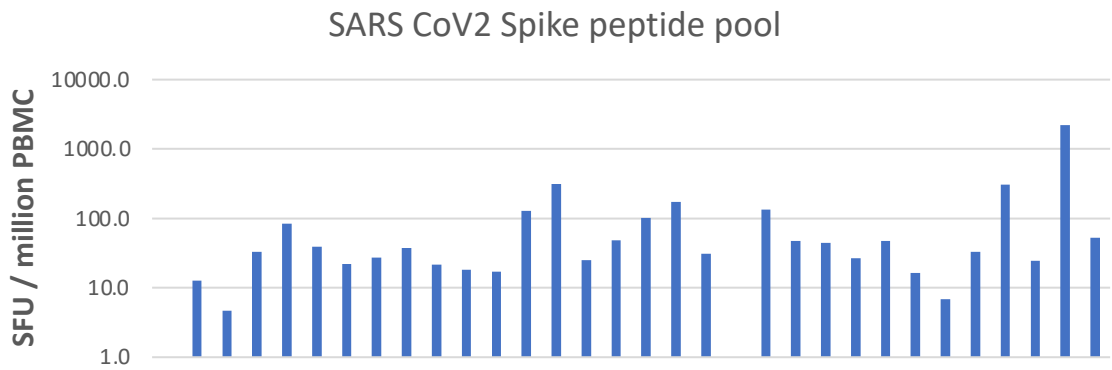
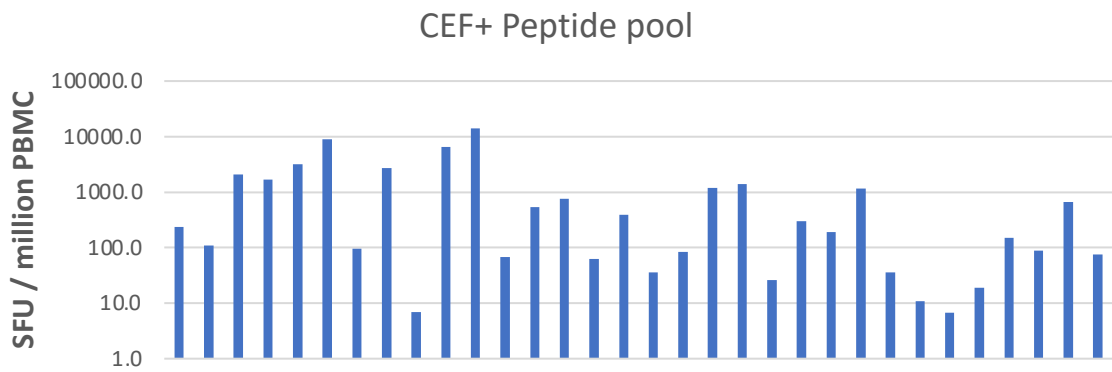
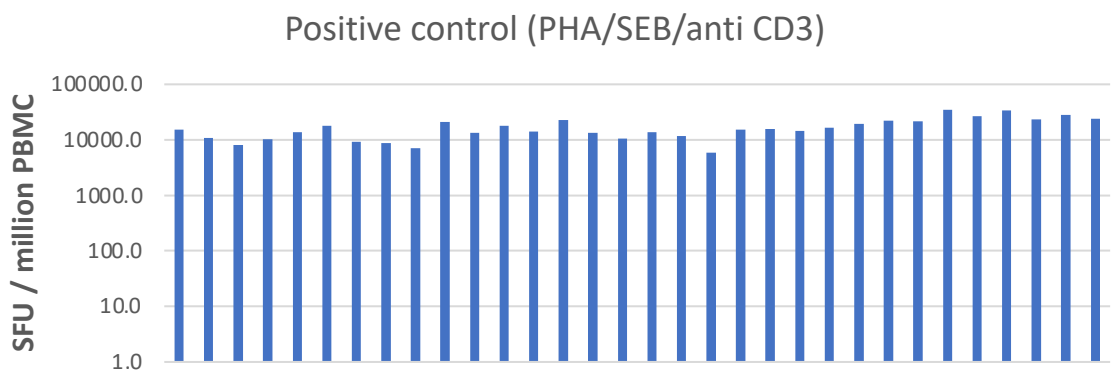


Figure 3. Neutralisation curves for serum from six individuals with reduced responses after first dose of Pfizer BNT162b2 vaccine against pseudovirus expressing wild type Spike (D614G). Means of technical replicates are plotted with error bars representing standard error of mean. Data are representative of 2 independent experiments.



Supplementary Figure 1. FLUOROSPOT interferon gamma T-cell responses three weeks after the first dose of Pfizer BNT162b2 vaccine. Positive control (top). CEF peptide pool comprising peptides from influenza (middle) SARS-CoV-2 peptide pool.